

SMALL GYM SCHEDULE

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
5:30AM-6:30AM	CLOSED	OPEN GYM	OPEN GYM 5:30am-8:00am	OPEN GYM	OPEN GYM 5:30am-8:00am	OPEN GYM	OPEN GYM <i>unless rented out for an event</i>		
6:30AM-7:30AM									
7:30AM - 8:30AM									
8:30AM - 9:00AM					Yoga Flow 8:00am-8:55am			Yoga Flow 8:00am-8:55am	Yoga 8:00am-8:55am
9:00AM - 10:00AM									
10:00AM - 11:00AM									
11:00AM - 12:00PM									
12:00AM - 1:00PM									
1:00PM - 2:00PM	OPEN GYM <i>unless rented out for an event</i>					OPEN GYM			
2:00PM - 3:00PM									
3:00PM - 4:00PM									
4:00PM - 5:00PM									
5:00PM - 6:00PM	CLOSED	Ready, Set, Play! 5:00pm-5:30pm		Kids on The Move 5:30pm-6:30pm	S.N.A.P Sports Sampler 5:30pm-6:00pm	CLOSED			
6:00PM - 7:00PM			CATCH Kids 5:30pm-6:30pm						
7:00PM-8:00PM		Move to Lose 6:30pm-7:30pm	OPEN GYM 6:30pm-10:00pm	OPEN GYM 6:30pm-10:00pm	OPEN GYM 6:00pm-10:00pm				
8:00PM-10:00pm		OPEN GYM							

Schedule is subject to change. The Y Kids Univeristy program is allowed to use the small gym on days off of school during appropriate times.