

# WE MAKE AN IMPACT

## LIVESTRONG AT THE YMCA

“LIVESTRONG at the YMCA has made an incredible difference in my recovery from breast cancer. The treatments had slowed my metabolism and there were so many daily activities I couldn't do. The coaches are patient and kind and showed me how to build up my strength, without overdoing it. The survivors in the group all are very warm and friendly. **Now, I am proud of what I can do. I feel like a different person.**”

–Michelle, Program Participant

We are proud to offer this program to cancer survivors in Monroe County. This evidence-based program helps adult cancer survivors reclaim their health and well-being



following a diagnosis.

Our qualified instructors create a welcoming community in which survivors can improve their strength and physical fitness, diminish the severity of therapy side effects, develop supportive relationships, and improve their quality of life.

Support from Annual Campaign Donors make this program possible.

LIVESTRONG

FOUNDATION



# OUR COMMUNITY

THE MONROE FAMILY YMCA  
1111 West Elm Avenue  
Monroe, MI 48162  
ymcaofmonroe.org  
facebook.com/MonroeYMCA  
twitter.com/YMCAmonroe

2016 ANNUAL REPORT • A report for members and volunteers of The Monroe Family YMCA

## Dear Friends of the Monroe Family YMCA,



2016 was a banner year! I am so very proud of what our Y has accomplished, with the help of our wonderful community partners. Together we are able to have true collective impact on the people in our community.

We are an organization like no other. We believe in the potential of children, and we work tirelessly to improve our community's health and well-being, and continually striving to give back and support our neighbors.

Last year, we had the opportunity to open numerous food sites throughout the community to ensure that all children had access to healthy meals. We served an amazing 17,000 snacks and meals to kids in our county. What a blessing!

We recognize that for communities to succeed, all must be given the opportunity to be healthy, confident, connected, and secure. In total, we gave away more than \$435,119 to children in our community. We subsidized programs and services to ensure that every person, regardless of age, income or background, had the opportunity to learn, grow and thrive.

Our impact is made through the hard work and generous support of our partners, volunteers, donors, staff, and members. Thank you for playing a part in building the foundations of community in Monroe. It is with great pleasure that I present our 2016 Annual Report.

Yours in Service,

A handwritten signature in black ink, appearing to read "Katie Quinn".

## Monroe Family YMCA Board of Directors

**President:** Mark Johnson  
**Vice President:** Greg Applin  
**Secretary:** Dennis Marietta  
**Treasurer:** Angie Bomia

Kristie Ashworth  
Mark Cochran  
John Doty  
Dr. Gerald Howe  
Rodney Johnson  
Michelle LaVoy  
Judge Cheryl Lohmeyer  
Carolyne Lynch  
Mike Preadmore  
Sam Smolinski  
David Thompson  
Susan Vanisacker  
Dave Vensel  
Amy Zarend



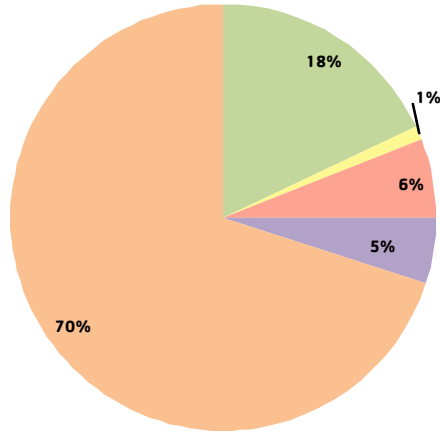
# STRENGTHENING OUR COMMUNITY

The Monroe Family YMCA contributed a total of \$435,119 to children in our community. Our 2016 Annual Campaign raised nearly \$68,000.

The generosity of our donors impacted our community by funding children's memberships, programs and community events.

## CHILDREN'S PROGRAMS \$304,971

- Summer Food Program
- Year Round Food Program
- Healthy Out of School Time (HOST)
- Before & Afterschool Programs
- Camp Programs
- Childwatch
- Health & Wellness Programs
- Kid Fitness Classes
- Swim Lessons
- Swim Team
- Teen Basketball
- Teen Leaders
- Tennis Lessons
- Youth Sports



## TO OTHER NON-PROFITS FOR CHILDREN'S PROGRAMS \$3,415

- Oaks of Righteousness
- Boy Scouts of America
- Monroe County Health Dept.
- Manor Elementary
- Monroe Nazarene Church
- Raisinville Elementary
- Riverside Early Learning Ctr.
- Girl Scouts of America
- Triumph Academy
- Waterloo Elementary
- Carleton Airport Community Schools
- Christ Love Fellowship Church

## PROFESSIONAL SERVICES FOR CHILDREN \$20,749

- Staff Community Outreach
- Anti-Bullying Task Force
- Monroe County School District
- Community Benefit Networks
- Intermediate School District
- Youth Training Opportunities

## SPONSORED MEMBERSHIPS \$79,246

- Charitable Membership Donations
- Family Military Memberships
- Outreach Memberships
- Annual Campaign Sponsored Memberships

## COMMUNITY EVENTS \$26,738

- Camp Carnival
- Celebrate Children
- Daddy-Daughter Dance
- Easter Egg Hunt
- Monroe Swims
- Healthy Kids Day
- Pizza with Santa
- Spooky Spectacular
- Reindeer Run
- Vacation Bible School
- SOUPer Bowl

# 2016 FINANCIAL STATEMENTS

The Monroe Family YMCA is committed to the highest ethical standards of a public charity. The Y is governed by and accountable to an independent board of directors consisting of community leaders and volunteers. We strive to earn public trust through the commitment to be good stewards of charitable dollars. Through our commitment to nonprofit excellence and providing access to all, the Y is truly an asset to our community.

## EXPENSES

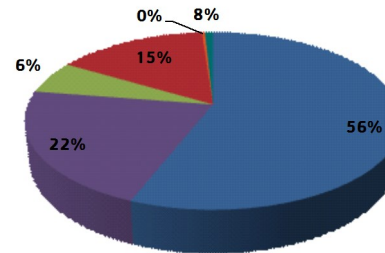
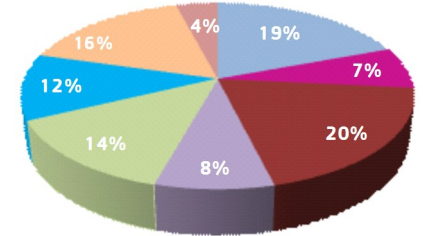
### Programs:

Health & Wellness	\$375,367
Camps	\$140,271
Childcare	\$379,887
Aquatics	\$159,980
Sports	\$262,608
Grant Funded Programs	\$224,105

### Support Services:

Mgmt & General	\$320,103
Development	\$79,543

**TOTAL \$1,941,864**



## PUBLIC SUPPORT & REVENUE

Membership	\$1,025,908
Program Fees	\$393,501
Contributions	\$110,145
Grants	\$282,096
Other Revenue	\$5,457
Special Events	\$15,252

**TOTAL \$1,832,359**

## ASSETS

Endowment	\$3,836,833
Property & Equip.	\$2,519,558
Cash & Equip.	\$349,782
Accounts Rec.	\$56,660
Inventories	\$1,707
Prepaid Expenses	\$16,461

**TOTAL \$6,781,001**

